

Read Faster & Learn Better



Learning Effectively

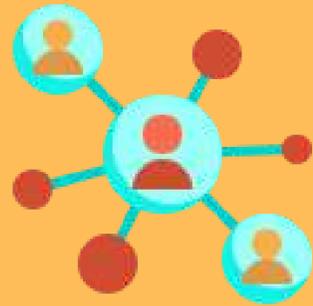
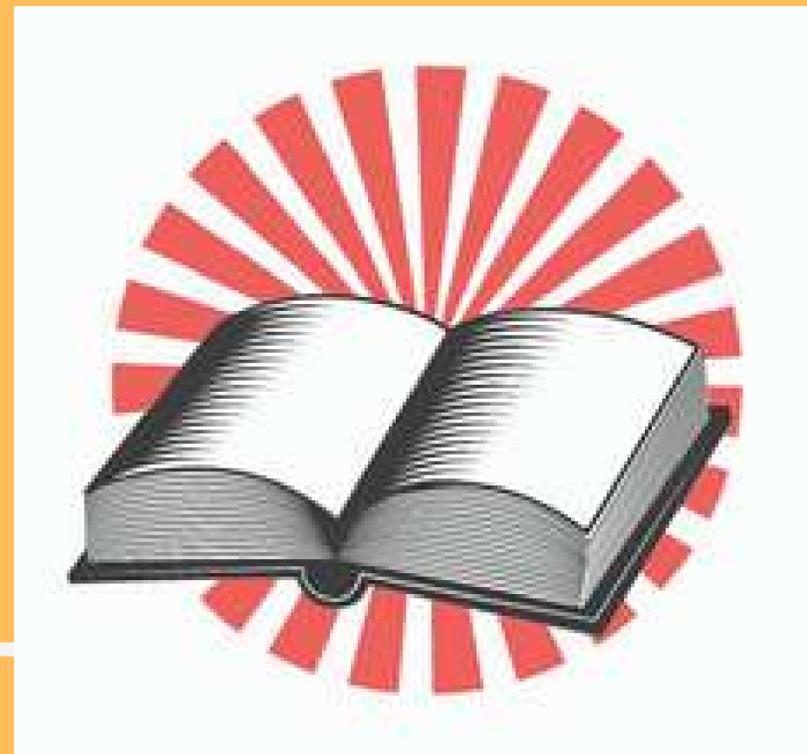


Speed Reading



- Speed reading helps you absorb information quickly and effectively
- It is the process of rapidly recognizing and absorbing phrases or sentences on a page all at once

Ways To Learn Faster



Relate new things to what you already know



Take hand writing notes with highlights and annotations



Teach other people what you have learned



Take regular study break and / or listen to the relaxing music



Create drawing diagrams, concept map or mind map

Train Your Brain

Speed Reading Hack to Absorb, Retain, and Recall



Double your reading speed in just 15-minutes



This simple exercise will save you more time each day, and help you grow exponentially in both your personal and professional life

Improve your focus and comprehension skills



Hack your brain to amplify your focus and become distraction-proof so you retain the information you read with ease

The biggest barrier slowing down your reading speed



Undo this one bad reading habit we all learned at school to unleash your brain's natural ability to absorb knowledge like a sponge

5 Tips To Improve Reading Skills

- Always create space to read
- Start reading in a peaceful environment
- Ask yourself questions while reading and after reading
- Read it again
- Choose the right book



Speed Reading Criticism

STEP 1

Skim before you read.

STEP 2

Improve your fluency to improve your speed.

STEP 3

Know what you want, before you read it.

STEP 4

Deeper processing tasks to improve retention.



For tips on better reading speed, without sacrificing comprehension.



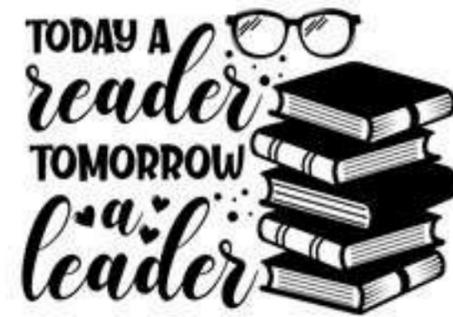
Reading Like a Leader

GIVE IT THREE CHAPTERS

Give every book you read a chance but move on to another book if it's not working for you.

Successful people are selective about what they read, electing to read educational books and publications over entertaining literature. They also tend to fixate on reading about other successful people and their stories.

Here are 5 ways you can make reading one of your daily habits



GO TO THE LIBRARY



Frequenting your local library is an inexpensive way to gain access to thousands of books.

SET A TIMER



You can focus on devoting the entire time, free of interruptions, to reading. It's a simple way to boost productivity because they essentially force commitment once set.



MAKE BOOKS EASILY ACCESSIBLE

Listen to books via podcasts, carry a book with you everywhere and if you prefer online reading, take advantage of your e-readers.

READ BEFORE BED



Research shows that you absorb more information right before bed, and reading helps you sleep better. Also, reading at the same time everyday makes it easier to form a consistent routine.

Readers Become Leaders

- **BILL GATES**



Gates reads roughly 50 books a year, attributing it to one of the “chief ways” he learns. He explained to *Business Insider*, “These days, I also get to visit interesting places, meet with scientists, and watch a lot of lectures online. But reading is still the main way that I both learn new things and test my understanding.”

- **OPRAH WINFREY**

On her website, Winfrey explained that books bring her joy and credits them to much of her success. “Books were my path to personal freedom,”



- **WARREN BUFFET**

Buffet, like many of these successful people cited here, says books are the key to his successes. When he began his investing career, Buffet reports reading 600 – 1,000 pages every day!



Source:

- <https://www.inc.com/marissa-levin/reading-habits-of-the-most-successful-leaders-that.html>
- <https://bit.ly/3kTqeVh>
- <https://online.visual-paradigm.com/infoart/templates/infographics/8-ways-to-learn-faster-infographic/>
- <https://twitter.com/drjoelbgoodin/status/989834142572597248>
- <https://www.slideshare.net/PrestonHealthcare/speed-reading-83641776>